## Amendments to the claims.

Please amend the claims as follows:

1. (currently amended) A method of modifying perception of body weight, comprising: administering to a first person for inhalation an effective amount of a composition that is hedonically positive to the first person and comprises a comprising a hedonically positive mixture of a floral odorant and a spice odorant in effective amounts such that an estimate by the first person perceives of the body weight of a second person having a body mass index (BMI) of about 25 or greater to be is about 5-10% less than actual body weight of said second person and less than an estimate of the body weight of said second person by the first person before inhalation of the composition, wherein the floral odorant is selected from the group consisting of jasmine, lilac, lily of the valley, magnolia, rose, lavender, geranium, hyacinth, orange blossom, apple blossom and carnation, and the spice odorant is selected from the group consisting of cinnamon, ginger, cloves, nutmeg and oriental spice.

- 2. (previously presented) The method of Claim 1, wherein the composition comprises a suprathreshold but non-irritant concentration of the floral odorant and the spice odorant.
- 3. (previously presented) The method of Claim 1, wherein administering the composition comprises dispensing the composition from a dispensing device.
- 4. (previously presented) The method of Claim 1, wherein administering the composition comprises applying the composition onto the first person.
- 5. (canceled)
- 6. (withdrawn) A method of altering a person's perception of their body weight, comprising:

administering a composition comprising a suprathreshold but non-irritant concentration of a hedonically positive mixture of an effective amount of a floral odorant and a spice odorant to the person for inhalation such that the person perceives their body weight to be less than their

actual body weight, wherein the floral odorant is selected from the group consisting of jasmine, lilac, lily of the valley, magnolia, rose, lavender, geranium, hyacinth, orange blossom, apple blossom and carnation, and the spice odorant is selected from the group consisting of cinnamon, ginger, cloves, nutmeg and oriental spice.

7. (withdrawn – currently amended) A method of altering perception of body weight, comprising:

administering to a first person for inhalation an effective amount of a composition that is hedonically positive to the first person and comprises a comprising a suprathreshold but non-irritant concentration of a hedonically positive an odorant mixture consisting essentially of effective amounts of a floral odorant and a spice odorant such that an estimate by the first person perceives of the body weight of a second person having a body mass index (BMI) of about 25 or greater to be is less than the actual body weight of the second person and less than an estimate of the body weight of said second person by the first person before inhalation of the composition, wherein the floral odorant is selected from the group consisting of jasmine, lilac, lily of the valley, magnolia, rose, lavender, geranium, hyacinth, orange blossom, apple blossom and carnation, and the spice odorant is selected from the group consisting of cinnamon, ginger, cloves, nutmeg and oriental spice.

8. (withdrawn – currently amended) A method of altering perception of body weight, comprising:

the first person and comprises a comprising a suprathreshold but non-irritant concentration of a hedonically positive mixture of effective amounts of a floral odorant and a spice odorant to a first person for inhalation such that an estimate by the first person perceives of the body weight of a second person having a body mass index (BMI) of about 25 or greater to be is less than the actual body weight of the second person and less than an estimate of the body weight of said second person by the first person before inhalation of the composition, wherein the floral odorant is selected from the group consisting of jasmine, lilac, lily of the valley, magnolia, rose, lavender, geranium, hyacinth, orange blossom, apple blossom and carnation, and the spice

odorant is selected from the group consisting of cinnamon, ginger, cloves, nutmeg and oriental spice.

9. (withdrawn) The method of Claim 8, wherein administering the composition comprises applying an effective amount of the composition onto the second person for inhalation by the first person.

## 10-25. (canceled)

- 26. (previously presented) The method of Claim 1, wherein the floral odorant is a mixture of floral odorants and the spice odorant is a mixture of spice odorants.
- 27. (withdrawn currently amended) A method of altering perception of body weight, comprising:

administering a composition to a first person for inhalation that is hedonically positive to the first person and comprises a comprising a suprathreshold but non-irritant concentration of a hedonically positive mixture of effective amounts of a floral odorant and a spice odorant to a first person for inhalation such that an estimate by the first person perceives of the body weight of a second person having a body mass index (BMI) of about 25 or greater to be is less than the actual body weight of the second person and less than an estimate of the body weight of said second person by the first person before inhalation of the composition, wherein the floral odorant is selected from the group consisting of jasmine, lilac, lily of the valley, magnolia, rose, lavender, geranium, hyacinth, orange blossom, apple blossom, carnation, and mixtures thereof, and the spice odorant is selected from the group consisting of cinnamon, ginger, cloves, nutmeg, oriental spice, and mixtures thereof.

## 28-30. (canceled)

31. (withdrawn) The method of Claim 6, wherein the person is diagnosed as having an eating disorder, a psychological disorder, anxiety, or a combination thereof.

32. (withdrawn) The method of Claim 6, wherein the person is diagnosed as having an eating disorder selected from the group consisting of anorexia nervosa, bulimia nervosa, and binge eating disorder.

- 33. (withdrawn) The method of Claim 6, wherein the person is diagnosed as having a psychological disorder selected from the group consisting of body dysmorphic disorder, social phobia, and pathological shyness.
- 34-40. (canceled)
- 41. (canceled)
- 42. (previously presented) The method of Claim 1, further comprising, prior to administering the composition, testing olfactory ability of the first person.
- 43. (previously presented) The method of Claim 42, wherein testing the olfactory ability of the first person comprises administering a forced-choice, scratch-and-sniff identification test.
- 44. (previously presented) The method of Claim 1, further comprising, prior to administering the composition, testing olfactory threshold of the first person.
- 45. (previously presented) The method of Claim 44, wherein testing the olfactory threshold of the first person comprises administering a series of dilutions of a odorant substance in ascending order.
- 46. (previously presented) The method of Claim 45, wherein the odorant substance is selected from the group consisting of butyl alcohol, phenylethyl alcohol and pyridine.
- 47. (previously presented) The method of Claim 1, further comprising, prior to administering the composition, asking the first person to identify the mixture of the floral odorant and the spice odorant as either hedonically positive or hedonically negative.